



Fr. John MacPherson, Pastor
 Fr. Michael Walsh, Associate Pastor
 Fr. Raymond Odumuko, Associate Pastor

1st Sunday in Lent

February 18, 2024



Kentville Parish Office

Monday, Tuesday & Thursday
 9:00 am to 1:00 pm
 Jennifer Hilborn
 902-678-3303
 parishoffice_kentville@corpuschristins.ca
 Box 486, 48 Belcher Street Kentville, NS B4N 3X3
 Website: www.corpuschristins.ca

Digby Parish Office

Monday, Wednesday & Friday
 9:00 am to 12:00 pm
 Margaret Mills
 902-245-2115
 parishoffice_digby@corpuschristins.ca
 Box 190, 110 Queen St., Digby, NS B0V 1A0

Please forward all notices for the bulletin to bulletin@corpuschristins.ca before 5:00 pm on Monday.

This Week's Readings

	1st Reading	Gospel
Sun, Feb 18	Genesis 9:8-15	Mark 1:12-15
Mon, Feb 19	Leviticus 19:1-2, 11-18	Matthew 25:31-46
Tues, Feb 20	Isaiah 55:10-11	Matthew 6:7-15
Wed, Feb 21	Jonah 3:1-10	Luke 11:29-32
Thurs, Feb 22	1 Peter 5:1-4	Matthew 16:13-19
Fri, Feb 23	Ezekiel 18:21-28	Matthew 5:20-26
Sat, Feb 24	Deuteronomy 26:16-19	Matthew 5:43-48

Community's Email Addresses

St John windsor@corpuschristins.ca
 St Francis wolfville@corpuschristins.ca
 St Joseph kentville@corpuschristins.ca
 St Anthony berwick@corpuschristins.ca
 St Monica middleton@corpuschristins.ca
 St Alphonsus bridgetown@corpuschristins.ca
 St Louis annapolisroyal@corpuschristins.ca
 St Patrick digby@corpuschristins.ca
 St Joseph weymouth@corpuschristins.ca

Giving to Corpus Christi Parish

There are many ways to donate to Corpus Christi Parish:

1. Weekly Offertory Envelopes
2. Cash donations
3. E-Transfers to finance@corpuschristins.ca, include your name and church.
4. PAR (Pre-Authorized Remittances)
5. Through the mail, send to Kentville Parish Office

Our parish thanks you for your financial support.

Individual Confession Times

Kentville – every Saturday ... 11 am – 12 noon
 Windsor – 1st Saturday of the month ... 9 – 10 am
 Berwick – 1st Saturday of the month ... 10 – 11 am
 Middleton – 2nd Saturday of the month ... 10 – 11 am
 & after Wednesday morning Mass until 10:00 am

Scripture Reflection and Exposition of the Blessed Sacrament

Take time to reflect and discuss God's Word and pray before the Blessed Sacrament ... on **Tuesdays**.

Berwick: 10 am to 11 am - Scripture reflection, 11 am to noon - Rosary during Exposition

Middleton: 2pm to 3pm - Scripture reflection, 3pm to 4pm - Rosary during Exposition



Mass Times & Intentions

SATURDAY, FEB 17

Bridgetown	4:00 PM	Joseph R Barrette
Kentville	4:00 PM	Deceased Members of Hawley/Landry Families by Carmen & Francis Hawley
Digby	4:00 PM	Glenn Walker by Simone Walker

SUNDAY, FEB 18

Windsor	8:30 AM	Deceased Family Members of Denise Vassello
Annapolis Royal	9:00 AM	Elaine Thimot by Eloise Mailman
Berwick	9:00 AM	Intentions of Deacon Kevin & Joyce Grandy by St Monica's CWL
Kentville	10:30 AM	Betty Harris by St Joseph's CWL
Middleton	11:00 AM	Doug Currie by Joan Walsh
Weymouth	11:30 AM	Raymond Westby by Lucille Saulnier
Wolfville	12:15 PM	Deceased Members of teBraake Family by John teBraake

MONDAY, FEB 19

Middleton	6:30 PM	Intentions of Rose Longley & Lise Piggott by Carolyn Gilbert
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TUESDAY, FEB 20

Berwick	6:30 PM	Intentions of Paul Hamilton & Marjorie MacDonald by Gordon MacDonald
Digby	6:30 PM	For the Parishioners of Corpus Christi

No Mass in the Parish on Wednesday of this week

THURSDAY, FEB 22

Kentville	8:30 AM	Soul of Alice Sullivan & Healing of Bill Mackey by Michelle Mackey
Weymouth	4:00 PM	Millicent Cullen by Joanne & Jerry Belliveau

FRIDAY, FEB 23

Berwick	9:00 AM	Intentions of Rose Longley & Rosemarie Stoack by Lise Piggott
Digby	9:00 AM	For the Souls in Purgatory

SATURDAY, FEB 24

Bridgetown	4:00 PM	Keith Dalby by Nancy Rent
Kentville	4:00 PM	Virgina Walzak by Taya & Bob Shields
Digby	4:00 PM	Betty Cosman by Edythe Amirault

SUNDAY, FEB 25

Windsor	8:30 AM	Ernie Rooney by Laura Joyce
Annapolis Royal	9:00 AM	Shirley Marie McNeil by Pat & Alan Dill
Berwick	9:00 AM	Grover Rose by Claudette & Eric Sturk
Kentville	10:30 AM	Maurice Harquail by Dalyce, Jennie & David
Middleton	11:00 AM	Anna & Slavomir Dramowicz by Konrad & Ela Dramowicz
Weymouth	11:30 AM	Henry Belliveau by Joanne & Jerry Belliveau
Wolfville	12:15 PM	Leo & Maude Glavine by Betty Glavine & Mary Kelly

Stations of the Cross

Fridays during Lent - starting Feb 16

2:30 pm – Annapolis Royal

3:00 pm – Weymouth, Middleton, Berwick, Windsor

6:30 pm - Kentville

2023 Tax Receipts are now available and ready for pickup at the back of the church or church office.

Pancake Breakfast (Windsor): A hearty meal/breakfast will be provided by the Knights of Columbus following the 8:30am Mass on **Sunday, Feb 18**. Free-will offering. All the funds raised will go to our **Fr. Don Campbell Bursary Fund**.

Movie (Berwick) - The Movie: The Blessing Bracelet will be showing at St. Anthony's on **Mon, Feb 19** at 1:30 pm.

Twelve Baskets Foodbank (Middleton) - Foodbank's Annual General Meeting will take place on **Feb 19** at 7:00 pm at the Nictaux Baptist Church. All are welcome and encouraged to attend. The needs for February for the Foodbank include Kraft Dinner, canned tomatoes, shampoo, bars of hand soap, toothpaste, prayers and support (monetary & other food items).

St Joseph's CWL (Kentville) will meet on **Wed, Feb 21**, at 1:00 pm in the Library across from the parish office. We welcome all CWL members any women interested in companionship in faith. If anyone has any questions about Catholic Women's League of Canada, please contact President Ann Myers at 902-680-8957.

Middleton: The new Executive Committee of **St. Monica's Catholic Women's League** was prayerfully installed on Feb 11 during Sunday Mass by Spiritual Advisor Deacon Don Boudreau and Past President Bernadette Burns: Darlene Thibodeau, President; Peggy Foley, Vice-President; Lise Piggott, Secretary; Rose Longley, Treasurer; Marg Jackson, Faith; Novy Mallais, Service; and Mary Crooks, Social Justice. On behalf of all our CWL members, we wish to thank our parishioners for your ongoing prayers and support, as we strive to live the Gospel in our St. Monica's community, under the guidance of our CWL patroness Our Lady of Good Counsel. We welcome women of all ages to share with us in companionship, learning, and joy.

Windsor Knights of Columbus Scholarship Applications by Catholic High School Graduation Students in West Hants for the 2024 Scholarship in the amount of \$1000 are to be received by the Windsor KOC Council by **Friday, March 8**. Information and applications are available at the back of St John's Church or by e-mail request to keith.aucoin@ns.sympatico.ca

St Patrick's Day Irish Stew Dinner (Annapolis Royal) St Louis Church will be holding a Irish Stew Dinner (Includes Irish Stew, rolls, Gingerbread with sauce, gluten free options available) on **Sunday, March 17**. Take Out Only. Pick up between 4:30 – 6:00 pm. Adult \$18, Under 12 \$5. Order in advance at 902-532-0746 or 902-526-0688

Yard Sale (Berwick) - Are you still working on those New Year resolutions? Such as decluttering!! We have a solution for you. St. Anthony's will be holding a Yard Sale on **Sat, April 6**. We are willing to take those unwanted items.

Collection of Used Eye glasses and Hearing Aids: A parishioner of St John's, Windsor has over the course of the last number of year has been collecting used eyeglasses and used hearing aids for the missions. There are Collection boxes for these items at your church. The used eyeglasses and hearing aids can be sent/dropped off to the Kentville office.

St. Anthony's Lenten Project (Berwick) The **40 Item Boxes Project** will take place again this year. Goal is to provide at least 10 boxes filled with needed supplies for the Evangeline Club and the people who are using their service. 40 items – 1 item for each day in Lent. More information on this project is available at St Anthony's.

2024 World Day of Prayer will be held on **Fri, March 1** at 2 pm at **Berwick Baptist Church**. World Day of Prayer is a global ecumenical movement lead by Christian women who welcome you to join in prayer and action for peace and justice.



Stewardship – Time, Talent, Treasure in Lent

What if Lent could be more than just giving stuff up? What if it could be a time of using your God given gifts to impact your community with generosity.

Use your **TIME** during Lent to pray more; attend daily Mass; pray the Rosary or Stations of the Cross.

Use your **TALENT** during Lent to volunteer in a new ministry; prepare a meal for somebody in need; welcome and thank others in church for their service and offer to help.

Use your **TREASURE** to build up the Church; give to a local charity or help support the many ministries in your Parish through regular giving i.e. envelopes or electronic.

Dust off your Stewardship Booklets and revisit your commitments, we always welcome new ways to spend time with God and being good stewards.

Development and Peace News

February 25th is the last day for signing a petition for **Stand for the Land**. to the Honduran ambassador to Canada asking her government to protect those who are fighting to defend forests and rivers in a Honduran national park against pollution from a mine. The letter is part of Development and Peace — Caritas Canada's last fall campaign.

Over 20,000 Canadians have signed it in solidarity with these struggling communities of Guapinol and the San Pedro sector. Join the effort and add weight to our demands. Sign now at devp.org/act. Thank you for your solidarity!

Interested in promoting Development and Peace in your home church and community please contact Bernadine teBogt. bernadine.tebogt@gmail.com 902-670-7264

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In Corpus Christi Parish, we support both **Development & Peace** and **Chalice**. *Is there any difference in their focus? Yes.*

Development & Peace is primarily dealing with “**social justice**” issues. How is the country/area in terms of the distribution of its wealth, opportunities, and privileges? Is the distribution “Christian”? Are the rights of individuals and the common good taken into account?

Chalice is more focused on “**social aid and social service**”. It works with established Catholic religious communities to address directly the needs that are apparent in young people and their families (ie. food, education, shelter etc.)

Both are essential and they are difficult to compare. But we need to make the distinction.

Archbishop Helder Camara (1909-1999) of Brazil: *“When I give food to the poor, they call me a saint. When I ask why they are poor, they call me a communist.”*

St. Monica's Bookstore (Middleton) Prayer before the Crucifix during Lent draws us to Jesus - naked, hands and feet nailed - and we see Him share our vulnerability and transform it by forgiveness, mercy, love, new hope, and meaning. We have affordable crucifixes in various sizes for adults and children. Also, Lenten holy cards, Lenten Morning Offering, and Way of the Cross booklets. Available at St. Monica's church hall after Sunday Mass or call Mary Crooks 902-825-6495.

Wedding: There is a **Promise of Marriage** between Melissa Jane Moore (daughter of Peter James & Jennifer Lynn) and Ashton Francis Kenny (son of Alan Francis & Anne Marie). The wedding will take place on Friday, February 23rd, 2pm, at St. John the Evangelist Church in Windsor.

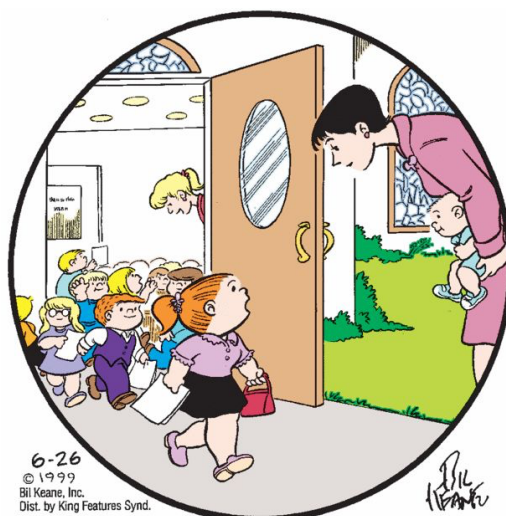
During Lent 2024

by means of Flocknote, Corpus Christi Parish will be sending out:

- **Ascension Lenten Companion** to the **adults** of our parish. Fr. Mark Toups will give reflections of 5 to 10 minutes which will be sent on Ash Wednesday, each week of Lent, Holy Week, and Easter. These will help us enter more deeply into the season of Lent, help us find peace, and guide us to let God heal the hurts of our hearts.
- The **children** of our parish will receive daily emails in the **Lenten Adventure 2024**.

Also ... you might like:

- Matthew Kelly's **Dynamic Catholic's Best Lent Ever** is a "A Historic Journey to Eucharistic Consecration." It offers a **daily video** with spiritual insight and practical ways to apply the consecration to your life. It contains three simple daily steps to prepare your heart, mind, and soul for this surrender to God. Go to the website <https://www.dynamiccatholic.com/lent.html> or you can sign up at info@dynamiccatholic.com



6-26
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"Know what? God knew me before
I was born, but I can't quite
remember Him."

Being Alive

By Fr. Richard Rohr o.f.m.

What we lack in an addictive society and an addictive family is a sense of being truly alive. So we look for pseudo ways to feel alive. They never work, as you know, but for some reason they seem better than doing nothing. We use nicotine, caffeine, or just stick food in our mouths to have some kind of sensation. Some of us pour liquor down our throats, or overstimulate ourselves through gambling or destructive sexual activity.

These behaviors are a testimony to a lack of spirituality. One who is spiritually alive has an excess of strength, an honest sense of interior creativity and interior imagination. They can say, "*I have more than enough. There's enough of me that I can give some of it away.*"

When we find the spirit of Jesus inside of us, more than we asked for, expected or earned, then we understand grace. And grace is the perennial threat to addiction.

■ from ***Breathing Under Water: Spirituality and the 12 Steps***

Lenten Ashes

by Fr. Ron Rolheiser o.m.i.

We enter the season of Lent by putting ashes on our foreheads. What's symbolized here? Perhaps the heart understands better than the head because more people go to church on Ash Wednesday than on any other day of the year, including Christmas. The queues to receive the ashes in many churches are endless. Why? Why are the ashes so popular?

Their popularity, I suspect, comes from the fact that, as a symbol, ashes are blunt, primal, archetypal, and speak the language of the soul.

Something inside of us knows exactly why we take the ashes. No doctor of any kind needs to explain this. Ashes are dust, soil, humus; humanity and humility come from these. Ashes have always been a major symbol inside all religions. To put on ashes, to sit in ashes, is to say publicly and to yourself that you are in a penitential mode, that this is not "ordinary time" for you. Smudging oneself with ashes says that this is not a season of celebration for you, that some important work is going on inside you, and that you are, metaphorically and really, in the cinders of a dead fire, waiting for something fuller in your life.

All of this has deep roots. There's something innate in the human soul that understands, understands that every so often, one must descend, be smudged, lose one's luster, and wait for ashes to do their silent work. All ancient traditions, be they religious or mythical, abound with stories of having to sit in the ashes. For example, we all know the story of Cinderella. This is a centuries-old, wisdom-tale that speaks about the value of ashes in life. The name Cinderella itself speaks to this. Literally, the name Cinderella means, "the young girl who sits in the cinders, the ashes." Moreover, as the tale makes plain, before the glass slipper is placed on her foot, before wearing the beautiful gown, before going to the ball, before dancing with the prince, and before marrying him, there must first be a period of sitting in the cinders, of being humbled, of being waiting patiently, while you are being readied for a sublime joy and consummation. In the story of Cinderella, we can see a spirituality of Lent.

Native American traditions too have always had an important place for ashes. In some Indigenous communities, there was the concept that occasionally someone would have to spend time in the ashes. Nobody knew why a specific person was called at a particular moment to sit in the ashes, but everyone knew that this was a natural thing, that ashes do an important work in the soul, and that eventually that person would return to his or her regular life and be better for having spent time in the ashes.

To offer one example: Certain native communities used to live in what they called longhouses. A longhouse was the communal building, in effect, the house for the whole community. A longhouse was long, rectangular, with large sloping sides, with the center of the roof open so that this could function as a natural chimney. Fires were kept burning, both for cooking and for warmth, along the entire center of the longhouse. People gathered there, near the fires, to cook, eat, and socialize, but they slept away from the fires, under the roofs that sloped down either side of the open center. Every so often, a man or a woman for reasons they didn't have to explain, would cease adhering to the normal routine. Instead, he or she would, become silent, sit just off the fire in the ashes, eat very sparingly, not social, not go outside, not wash, and not go to bed with the others, but simply sit in the cinders.

Today we would probably diagnose this as clinical depression and rush that person off for professional help. For their part, they didn't panic. They saw this as perfectly normal, something most everyone was called upon to do at one time or another. They simply let the person sit there in the ashes until one day he or she got up, washed the ashes off, and began again to live a regular life. The belief was that the ashes, that period of silent sitting, had done some important, unseen work inside of the person. You sit in the ashes for healing.

The church taps into these deep wells of wisdom when it puts ashes on our foreheads at the beginning of Lent. Lent is a season for each of us to sit in the ashes, to spend our time, like Cinderella, working and sitting among the ashes, grieving some of the things we've done wrong, refraining from the dance, refraining from the banquet, refusing to do business as usual, but rather waiting in patience as some silent growth takes place within us. Lent is a time to be still so that the ashes can do their work.

And we need not understand exactly what the ashes are doing. They have a long history of being very patient with us.

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