

1st Sunday of Lent

February 26, 2023



Kentville Parish Office
Monday, Tuesday & Friday
9:00 am to 1:00 pm
Box 486, 48 Belcher St., Kentville, NS
B4N 3X3
902-678-3303
Jennifer Hilborn
parishoffice_kentville@corpuschristins.ca

Digby Parish Office
Tuesday, Wednesday, Thursday
9:30 am – 5:00 pm
Box 190, 110 Queen St., Digby, NS
B0V 1A0
902-245-2115
Pamela Cosman
parishoffice_digby@corpuschristins.ca

Website: www.corpuschristins.ca
FaceBook: www.facebook.com/corpuschristins

YouTube: www.youtube.com/corpuschristins
Instagram: [corpuschristins](https://www.instagram.com/corpuschristins)

Please forward all notices for bulletin to bulletin@corpuschristins.ca before 5:00 pm on Monday.



This Week's Readings

	1st Reading	Gospel
Sun, Feb 26	Genesis 2:7-9; 3:1-7	Matthew 4:1-11
Mon, Feb 27	Leviticus 19:1-2, 11-18	Matthew 25:31-46
Tues, Feb 28	Isaiah 55:10-11	Matthew 6:7-15
Wed, Mar 1	Jonah 3:1-10	Luke 11:29-32
Thurs, Mar 2	Esther C:12, 14-16, 23-25	Matthew 7:7-12
Fri, Mar 3	Ezekiel 18:21-28	Matthew 5:20-26
Sat, Mar 4	Deuteronomy 26:16-19	Matthew 5:43-48

Community's Email Addresses


St John	windsor@corpuschristins.ca
St Francis	wolfville@corpuschristins.ca
St Joseph	kentville@corpuschristins.ca
St Anthony	berwick@corpuschristins.ca
St Monica	middleton@corpuschristins.ca
St Alphonsus	bridgetown@corpuschristins.ca
St Louis	annapolisroyal@corpuschristins.ca
St Patrick	digby@corpuschristins.ca
St Joseph	weymouth@corpuschristins.ca

Giving to Corpus Christi Parish

There are many ways to donate to Corpus Christi Parish:

1. Weekly Offertory Envelopes
2. Cash donations
3. E-Transfers to finance@corpuschristins.ca, include your name and church
4. PAR (Pre-Authorized Remittances)
5. Through the mail, send to Kentville Parish Office


*Our parish thanks you for your financial support.
How else could we fulfill our mission?*



Chris Palmer
MLA KINGS WEST

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Instagram: [@palmerkingswest](https://www.instagram.com/palmerkingswest)

OFFICE HOURS
Mon to Fri
9am to 12pm
1pm to 4pm




Lindsay Windsor
Funeral Home

(902) 798-2232
194 King Street, Windsor
www.lindsaywindsorfuneralhome.com

Ask about pre-planning



Mass Times & Intentions

SATURDAY, FEB 25

Bridgetown	4:00 PM	Mel Bateman by Patsy Sabean
Kentville	4:00 PM	Moe Harquail by Jennie Harquail
Digby	4:00 PM	Clifford Mullen Jr. by Marilyn Mullen

SUNDAY, FEB 26

Windsor	8:30 AM	Anne Isenor by Jim & Paula Carter
Annapolis Royal	9:00 AM	Frank Pugh by Donald & Barbara Theriault
Berwick	9:00 AM	Deceased Members of Gillis & Knox Families by Judy Knox & Family
Kentville/Online	10:30 AM	Louisa Cooper by Bernie Cooper
Middleton	11:00 AM	Ronald Melance by his Wife & Family
Weymouth	11:30 AM	Marion Deveau by Marion & Greg MacDonald
Wolfville	12:15 PM	Mildred Shipley by Tom & Peggy Foley

MONDAY, FEB 27

Berwick	9:00 AM	Intentions of Fr Michael Walsh by Tom & Peggy Foley
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TUESDAY, FEB 28

Kentville	8:30 AM	Intentions of Fr John MacPherson by Tom & Peggy Foley
Digby	6:30 PM	Parishioners of Corpus Christi

WEDNESDAY, MAR 1

Kentville	8:30 AM	No Mass
Middleton	9:00 AM	No Mass
Tideview Terrace	10:30 AM	No Mass
Weymouth	4:00 PM	No Mass

THURSDAY, MAR 2

Kentville	8:30 AM	Tom Coffey by Theresa Coffey & Family
Berwick	9:00 AM	Brian Oliver by Diane Larange
Weymouth	4:00 PM	Mass of Thanksgiving by a Parishioner

FRIDAY, MAR 3

Kentville	8:30 AM	Souls in Purgatory by Helen Walsh
Digby	9:00 AM	Deceased family members of Carl Saulnier by Christine Wright

SATURDAY, MAR 4

Bridgetown	4:00 PM	Isabel Chisholm by Lynn Main
Kentville	4:00 PM	Alden Young by Joan & Family
Digby	4:00 PM	Frank Mackintosh by his Family

SUNDAY, MAR 5

Windsor	8:30 AM	Nualsri Pimpasuth by Laura Joyce
Annapolis Royal	9:00 AM	Frank Pugh by Eloise Mailman
Berwick	9:00 AM	Warren Herman by Marilyn & Ernie Hatfield
Kentville/Online	10:30 AM	Wilfred Williams by Doris & Family
Middleton	11:00 AM	Roberta Gillcrest by Carolyn Gilbert
Weymouth	11:30 AM	Robinson Family of Hasset by Verna, Bertha, Evonne, Gloria & Florence
Wolfville	12:15 PM	Intentions of Nancy Henry by a Friend

Scripture reflection on the readings for the following Sunday and **Exposition of the Blessed Sacrament** held weekly on **Tuesdays**.

Berwick - 10:00 am Scripture reflection; 11:00 am Rosary and Exposition until Noon

Middleton - 2:00 pm Scripture reflection; 3:00 pm Rosary and Exposition until 4:00pm

This Lent, Corpus Christi Parish is encouraging all of us to take one or both of the following **Lenten offerings**. Both are online.

- 1) Take the free online course, "**Holy is His Name**" by Scott Hahn. It is a 12-part online course which examines our call to holiness. "You shall be holy, for I am holy," says our God in I Peter 1:16. Learn the meaning of holiness from the origins of Scripture and see what holiness looks like in our lives today. Experience the transformative power of God's holiness with Scott Hahn. You can find the [link](https://stpaulcenter.com/holystudy/?utm_source=full_list-holy_study&utm_medium=email&utm_campaign=holy_study&utm_content=button-holy_study) to sign up for this course at: https://stpaulcenter.com/holystudy/?utm_source=full_list-holy_study&utm_medium=email&utm_campaign=holy_study&utm_content=button-holy_study
- 2) Corpus Christi parish is offering **Dynamic Catholic's Best Lent Ever 2.0** via Flocknote. Awaken the greatness within you by experiencing Holy Moments. You experience a holy moment every time you choose to be kind, generous, selfless, or express any form of goodness. The **videos** will help you to slow down and connect with God. If you are signed up for Flocknote, you will receive Best Lent Ever 2.0 videos in your email daily.

Stations of the Cross

Fridays during Lent – starting Feb 24

3 pm - Annapolis Royal, Bridgetown, Middleton, Weymouth, Windsor

6:30 pm – Berwick

6:30 pm – Kentville ... followed by *Adoration of the Blessed Sacrament* (7:15-8:15pm)

7 pm - Digby

Knights of Columbus Kentville Council - On Sunday Feb. 26th there will be a Degree Exemplification Ceremony at St. Joseph's. The location is in Fr. Jack's starting at 2 pm. All are invited to attend.

St Anthony (Berwick) Lenten Project - 40 Item Boxes for Chrysalis House

Rather than giving up on sweets or chocolate, we would like to focus on giving something to support someone in need. Our goal is to provide at least **10 boxes** filled with needed supplies to families using this service. One item for each day of Lent. Nine boxes will be given out at Mass on Sun Feb 19, Ash Wed Feb 22 and Sun Feb 26 to those wishing to participate. One box will remain at the church for those who would like to contribute some items when coming to Mass. A list of suggested items will be attached to each box. Chrysalis House will be contacted to learn the items most needed. The boxes will be collected on Good Friday, April 7 and taken to Chrysalis House.

Chrysalis House was suggested as it is in our area and it falls into the 'Helping the Homeless' objective of the Archdiocese. Participants can add items to their boxes that are not on the list but which they feel would be useful or a treat. A prayer will be specifically created for this activity. This can be said daily as items are added to the box. Chrysalis House gives support to Women and their children in crisis situations.

World Day of Prayer - St. Louis CWL, **Annapolis Royal**, NS will be hosting this year's Ecumenical service for the World Day of Prayer at **2 pm on Friday, March 3rd** in the St Louis Church Hall. This service has been prepared by the women of Taiwan and this year's theme is "I have heard about your faith". The offering collected will be donated to the Women's Interchurch Council of Canada (WICC). A time of fellowship will follow the service.

Marian Prayer Hour: Please join us on Saturday, **March 4** at 11:00 am at St. Monica's Church, **Middleton**. In this holy season of Lent, we pray to Our Lady of Sorrows to guide us through our trials, our infirmities, and our uncertainties that we may place our hope and trust in Christ her Son and offer our sufferings to Him for the good of others and the salvation of the world.

Ladies' Prayer Breakfast

You are invited to the Ladies' Prayer Breakfast at **St Anthony's Parish Hall (Berwick)** on Saturday, **March 4** at 9:00-11:00 am (8:30 for set up). This is a wonderful women's get together which included prayer, scripture, a reflection, and personal intentions. It was topped off with a choice of breakfast items provided by the members and a chance for some great conversation in a relaxed and friendly atmosphere. The Ladies' Prayer Breakfast will occur the 1st Saturday of each month. *All are welcome!* We are hoping you will join us in creating a new spiritual endeavour in which we can all grow in love and faith. Should you have any questions or suggestions, please call Judy Griffith-Coulombe 902 -538-0117.

St. Monica's Catholic Women's League (Middleton) - Warm welcome to all CWL Members and women of our parish to the next meeting on Monday, **March 6** at **2:00 pm** in the church hall. Come and enjoy praying, learning, and sharing with other women in a joyful spirit of faith and encouragement.

St John's, Windsor - We are looking for people to join our **Visitation Ministry** to visit parishioners that are home bound and in nursing homes and provide them with communion. If you want more information or interested in joining, please contact Mary DeCoste 902-472-2587 or marydecoste52@gmail.com

Development and Peace News

This year, **Development and Peace** — Caritas Canada's **Create Hope: Stand for the Land** campaign calls you to support our sisters and brothers in the Global South in defending their land and territory. Do this by:

1. **Donating** online at devp.org/give or during the Solidarity Sunday collection on March 26, the fifth Sunday of Lent. Your generosity helps support over 86 projects in 40 countries around the world!
2. **Learning more by reading the Mini-magazine** and other resources available at devp.org/lent/resources.
3. Meet our solidarity visitors and **participate in the campaign launch webinar** on **February 25 at 2:30 pm**.

Established in 1967, Development and Peace — Caritas Canada - is the official international solidarity organization of the Catholic Church in Canada. We partner with organizations in the Global South that promote alternatives to unjust social, political, and economic structures and support women in their quest for equality and justice. With the help of our 11,000+ volunteer members, we inform Canadians about the root causes of impoverishment and mobilize them to act for change. Our Lenten campaign, **Stand for the Land** focuses on people's defence of their territories in Colombia and Honduras. To learn more about our movement and to join us, visit devp.org.

EXAMINATION OF CONSCIENCE - LENT 2023

This Lent, let us reflect on the words Jesus gave to us in the Sermon on the Mount in the Gospel of Matthew (5: 1-11)
"When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying,

Blessed are the poor in spirit, for theirs is the kingdom of God.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean of heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you because of me.

Rejoice and be glad, for your reward will be great in heaven."

1. "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

- Do I fear being poor, in spirit or otherwise, and prefer to be rich in money, brains, or influence?
- Is my desire for poverty of spirit congruent with my lifestyle?
- Do I use the word of God to rationalize my lifestyle, or am I willing to have God's word criticize it?
- Do I cling to my own ideas, opinions and judgments, sometimes to the point of idolatry?
- Do I contribute my time, talent and money to the poor of the world?

2. "Blessed are those who mourn, for they shall be comforted."

- Do I grieve over loneliness, despair, guilt and rejection in the lives of others?
- Am I willing to admit my own despondencies and need for comfort?
- Do I minister consolation and healing, or do I blandly encourage people to "have courage," thereby avoiding the opportunity to mourn with another?

3. "Blessed are the meek, for they shall inherit the earth."

- Do I see any value in meekness or nonviolence?
- Do I cringe at the thought of being called meek?
- How much are intimidation and force part of my lifestyle?
- Do I work for nonviolent social change?

4. "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied."

- Are my energies and passions focused on Christ, or are they scattered, disordered, divided?
- Am I honestly trying to improve the quality of life around me?
- Am I trying to improve the environment, racial relations, care for the unborn, sexual equality, the lives of the poor and destitute?
- Have I let fear keep me silent when I should have spoken out against prejudice, injustice and violence?

5. "Blessed are the merciful, for they shall obtain mercy."

- Do I operate on a double standard of expecting mercy but not wanting to grant it?
- Do I prefer the strict law and order approach, or that of mercy, tenderness and compassion?
- Are there places in my life where people are suffering because of me and my unforgiving attitude?
- Am I devoid of a merciful spirit toward those I call "enemy"?

6. "Blessed are the pure in heart, for they shall see God."

- Am I trusting and trustful?
- Do I value living without pretence, or am I constantly fearful that someone will take advantage of me?
- Am I open and honest about who I am and what I do?
- Do I deflect the attention and honour due to God and claim these things for myself?

- Have I been untrue to myself, even a little, for advancement, money or good opinion?
- Have I failed to take time for prayer, solitude, reflection ?

7. "Blessed are the peacemakers for they shall be called children of God."

- Am I eager for reconciliation, or do I antagonize and yearn for revenge?
- Do I think apologizing is a sign of weakness?
- Am I willing to be a bridge in family and community arguments?
- Do I support violence in films, television and sports?
- Have I read, and do I support, the many official church statements against the arms race, nuclear weapons, war?
- Do I see the Christian vocation as one of peacemaker?
- Is my presence a source of peace to those around me?

8. "Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account."

- Do I criticize or ridicule those who suffer for their beliefs?
- Am I embarrassed to step out of the mainstream to stand up for a principle?
- Have I openly supported those who defend justice and give their lives for peace?
- Do I worship security and fear costly discipleship?
- Have I called myself Christian without making my life a witness to the teachings of Jesus?

9. "Rejoice and be glad, for your reward is great in heaven."

- Do I live confident of the promises of Jesus?
- Do I surrender to pessimism and anxiety?
- Do I perceive that there is a paradoxical victory in the cross of Jesus that breaks through power structures and conquers in peace and love?
- Have I become cynical rather than hopeful?

(From Diocese of Allentown website: <https://yearofrealpresence.org>)

This notice was approved by the Supreme Court of Nova Scotia

NOTICE OF SETTLEMENT IN CLASS ACTION

To all individuals who were sexually abused by a priest of the Roman Catholic Episcopal Corporation of Halifax or Roman Catholic Episcopal Corporation of Yarmouth between April 14, 1954 and March 31, 2020 and have not previously settled or otherwise released either the Roman Catholic Episcopal Corporation of Halifax or Roman Catholic Episcopal Corporation of Yarmouth.

The Court has approved a settlement which provides compensation to eligible class members who file a claim for sexual assault and meet the requirements of the claims process.

If you opted out of the class action, the settlement will not impact you.

If you are part of the lawsuit as a Class Member, you can submit a claim for a payment of money as compensation. The amount of money that you may receive will depend on the specifics of the claim you submit. The potential amount of money to be paid to a Class Member whose claim is accepted will likely range from \$30,000 to \$350,000.

For further information, visit <https://kmlaw.ca/cases/catholic-priest-sexual-abuse-class-action/> or call 1-833-630-1785, or email catholicabuseclassaction@kmlaw.ca.

You must submit your claim for compensation before December 14, 2023. If you do not submit your claim for compensation before December 14, 2023, you will lose your right to compensation.